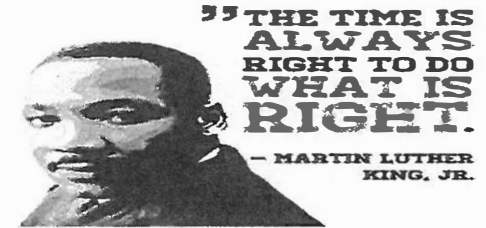


October 2018

LMS Lunch Menu



Mon	Tue	Wed	Thu	Fri
1 Pizza or Corn Dogs Corn Potato Rounds Fruit, Milk	2 Sliced Ham or General Tso's Chicken Broccoli Potato Wedges Fruit, Roll & Milk	3 Fish Portion or Buffalo Chicken Bites Baked Beans Sidewinder Potatoes Fruit, Roll & Milk	4 Hot Dog or Meatballs French Fries Carrots Fruit, Bun & Milk	5 Pork Rib Patty or Grilled Chicken Patty California Blend Green Beans Fruit, Roll & Milk
8 Popcorn Chicken or Fish Nuggets Green Peas Potato Wedges Fruit, Roll & Milk	9 Corn Dog Nuggets or Spicy Chicken Patty Pinto Beans Potato Rounds Fruit, Roll & Milk	10 Pork Chop Patty or Sliced Turkey Green Beans Creamed Potatoes Fruit, Roll & Milk	11 Cheeseburger or Grilled Chicken Patty Sidewinder Potatoes California Blend Juice & Milk	12 Beef Nuggets or Chicken Fajitas Sweet Potato Waffle Fries Turnip Greens Fruit, Roll & Milk
15 French Bread Pizza or Corn Dog Potato Rounds Green Beans Fruit & Milk	16 Sliced Ham or General Tso's Chicken Turnip Greens Corn Fruit, Roll & Milk	17 Baked Chicken or Fish Portion Carrots California Blend Fruit, Roll & Milk	18 Hot Dog or Meatballs Sidewinder Potatoes Baked Beans Fruit, Roll & Milk	19 Pork Rib Patty or Grilled Chicken Patty Green Peas Creamed Potatoes Fruit, Roll & Milk
22 French Bread Pizza or Chicken Quesadilla Pizza Tossed Salad Potato Wedges Fruit & Milk	23 Meatloaf or Chicken Nuggets Creamed Potatoes Broccoli Fruit, Roll & Milk	24 Fish Nuggets or Buffalo Chicken Bites Sidewinder Potatoes California Blend Fruit, Roll & Milk	25 Chuckwagon Patty or Pork Chop Patty Corn Baked Beans Fruit, Roll & Milk	26 Popcorn Chicken or Fish Nuggets Green Beans Sweet Potato Waffle Fries Fruit, Roll & Milk
29 Beef Nuggets or Chicken Stir Fry Turnip Greens Potato Wedges Fruit, Roll & Milk	30 Chicken Tenders or Sliced Ham Potato Rounds Baked Beans Fruit, Roll & Milk	31 Chicken Tenders or Sliced Turkey Cabbage Sweet Potatoes Fruit, Roll & Milk	Menus are subject to change.	<i>"USDA is an equal opportunity employer and provider."</i>