

October 2018

CHS & LMS Grab & Go Menu



Mon	Tue	Wed	Thu	Fri
1 Muffin & Gr. Crackers Fruit Juice Milk	2 Cinnabar Fruit Juice Milk	3 Cereal Bar Fruit Juice Milk	4 Muffin & Gr. Crackers Fruit Juice Milk	5 Muffin & Gr. Crackers Fruit Juice Milk
8 Breakfast Bun Fruit Juice Milk	9 Donut Holes Fruit Juice Milk	10 Cereal Bar & Gr. Cracker Fruit Juice Milk	11 Muffin & Backpackers Fruit Juice Milk	12 Pop Tart & Gr. Crackers Fruit Juice Milk
15 Cereal Bar & Gr. Crackers Fruit Juice Milk	16 Donut Holes Fruit Juice Milk	17 Cinnabar Fruit Juice Milk	18 Pop Tart & Gr. Crackers Fruit Juice Milk	19 Donut Fruit Juice Milk
22 Muffin & Gr. Crackers Fruit Juice Milk	23 Cereal Bar Fruit Juice Milk	24 Muffin & Gr. Crackers Fruit Juice Milk	25 Cinnabar Fruit Juice Milk	26 Muffin & Gr. Crackers Fruit Juice Milk
29 Honey Breakfast Bun Fruit Juice Milk	30 Donut Holes Fruit Juice Milk	31 Cereal Bar & Gr. Crackers Fruit Juice Milk	Menus are subject to change.	<i>“USDA is an equal opportunity employer and provider.”</i>