


November 2018

LMS & CHS Grab & Go Breakfast Menu



Mon	Tue	Wed	Thu	Fri
<p>“USDA is an equal opportunity provider and employer.”</p>	<p>Menus are subject to change.</p>	<p>Families may apply for Free & Reduced meals at any time during the school year.</p>	<p>1 Cereal Bar & Pop Tart Fruit Juice Milk</p>	<p>2 Cereal Bar & Muffin Fruit Juice Milk</p>
<p>5 Muffin Fruit Juice Milk</p>	<p>6 Hadley Farms Cinnabar Fruit Juice Milk</p>	<p>7 Cereal Bar & Graham Crackers Fruit Juice Milk</p>	<p>8 Muffin Fruit Juice Milk</p>	<p>9 Muffin Fruit Juice Milk</p>
<p>12 Cereal Bar & Pop Tart Fruit Roll Milk</p>	<p>13 Pop Tart & Graham Cracker Fruit Juice Milk</p>	<p>14 Cereal Bar & Graham Cracker Fruit Juice Milk</p>	<p>15 Muffin (small) & Graham Cracker Fruit Juice Milk</p>	<p>16 Backpackers & Graham Cracker Fruit Juice Milk</p>
<p>19 Hadley Farms Cinnabar Fruit Juice Milk</p>	<p>20 Muffin Fruit Juice Milk</p>	<p>21</p>  <p>22</p>		<p>23</p>
<p>26 Cereal Bar & Pop Tart Fruit Juice Milk</p>	<p>27 Cereal Bar & Muffin Fruit Juice Milk</p>	<p>28 Cereal Bar & Pop Tart Fruit Juice Milk</p>	<p>29 Cereal Bar & Backpackers Fruit Juice Milk</p>	<p>30 Cereal Bar & Pop Tart Fruit Juice Milk</p>